

## Lunch Price \$2.50

Lunch includes one Entrée,  
Fruit & Vegetable choices,  
& choice of Milk

### Daily Milk Selection \$.60

1% White,  
Non-Fat White,  
Non-Fat Chocolate  
Non-Fat Strawberry

### Assorted Cold Sandwiches:

Turkey/Cheese,  
Ham/Cheese,  
Egg Salad, Tuna Salad,  
Chicken Salad, PBJ

**Fruit Variety:**  
Chilled Fruit, Apple Wedges,  
Whole Apple, Banana,  
Orange, Grapes  
Raisins, Craisins

**Veggie Variety:**  
Sliced Cucumbers  
Grape Tomatoes  
Baby Carrots  
Garbanzo Beans

Bottled Water—\$.60 or  
free cup for fountain water

To make a  
prepayment to your child's  
lunch account, please send in  
cash or a check  
in an envelope with the  
Student's Name & ID #.  
Please make check  
payable to  
"UCF CAFETERIA"

Online Payments at  
REVTRAK.com

\*Please see next menu page  
for more details!

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Priced Meals at :  
[www.schoolcafe.com](http://www.schoolcafe.com)

No School on September 30th!




# UCFSD Elementary Lunch Menu August/September 2019



Hillendale



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily Entrees: Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack</p>	<p>Daily Entrees: Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack</p>	<p>Daily Entrees: Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack</p>	<p>Daily Entrees: Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack</p>	<p>Daily Entrees: Assorted Cold Sandwiches Garden Salad Entrée w/ Wheat Roll Yogurt Combo Fun Pack</p>
<p>Welcome Back! <b>26</b></p> <p><b>Entrees</b> Chicken Smackers w/Pretzel Twist Stuffed Shells <b>Sides</b> French Fries Fruit Variety Veggie Variety Daily Milk Selection</p> 	<p><b>27</b></p> <p><b>Entrees</b> Beef Nachos Tortilla Chips with Cheese Sauce <b>Sides</b> Steamed Corn Fruit Variety Veggie Variety Lettuce/Tomato/Refried Beans Daily Milk Selection *</p>	<p><b>28</b></p> <p><b>Entrees</b> Grilled Chicken Filet on Bun Personal Pan Pizza <b>Sides</b> Steamed Broccoli Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>29</b></p> <p><b>Entrees</b> Homestyle Chicken Quesadilla Macaroni &amp; Cheese w/Texas Toast <b>Sides</b> Green Beans Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>30</b></p> <p>No School Today</p>
<p><b>2</b></p> <p>No School Today</p>	<p><b>3</b></p> <p><b>Entrees</b> Chicken Patty on Bun Grilled Cheese Sandwich <b>Sides</b> Tomato Soup Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>4</b></p> <p><b>Entrees</b> Rib B Que Sandwich Bosco Sticks w/Marinara Sauce <b>Sides</b> Steamed Corn Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>5</b></p> <p><b>Entrees</b> Chicken Tenders/Biscuit Fish Sticks w/Biscuit <b>Sides</b> Steamed Broccoli Fruit Variety Veggie Variety Teddy Grahams Daily Milk Selection *</p>	<p><b>6</b></p> <p><b>Entrees</b> Chicken Lo Mein Pancakes w/Sausage <b>Sides</b> Hash Brown Patty Fruit Variety Veggie Variety Fresh Baked Cookie Daily Milk Selection *</p>
<p><b>9</b></p> <p><b>Entrees</b> All Beef Hot Dog on Bun Egg/Cheese Bagel Sandwich <b>Sides</b> Baked Beans Fruit Variety Veggie Variety Cheddar Goldfish Daily Milk Selection *</p>	<p><b>10</b></p> <p><b>Entrees</b> Hard/Soft Shell Taco Cheese Quesadilla Wedge <b>Sides</b> Steamed Corn Fruit Variety Veggie Variety Lettuce/Tomato/Salsa/Sour Cream Daily Milk Selection *</p>	<p><b>11</b></p> <p><b>Entrees</b> Spicy Chicken Patty on Bun Macaroni &amp; Cheese w/Texas Toast <b>Sides</b> Romaine Salad Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>12</b></p> <p><b>Entrees</b> Hamburger/Cheeseburger Cheese Ravioli w/Garlic Toast <b>Sides</b> Tater Tots Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>13</b></p> <p><b>Entrees</b> Chicken Smackers w/Roll Max Sticks w/ Marinara Sauce <b>Sides</b> Steamed Broccoli Fruit Variety Veggie Variety Rice Krispie Treat Daily Milk Selection *</p>
<p><b>16</b></p> <p><b>Entrees</b> Sweet &amp; Sour Chicken w/Rice Sea Wonders w/Roll <b>Sides</b> Romaine Salad Fruit Variety Veggie Variety Dinosaur Grahams Daily Milk Selection *</p>	<p><b>17</b></p> <p><b>Entrees</b> Hot Hammie Sandwich French Bread Pizza <b>Sides</b> Sweet Potato Crinkles Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>18</b></p> <p><b>Entrees</b> Meatball Sandwich Baked Potato w/Cheese &amp; Roll <b>Sides</b> Steamed Broccoli Fruit Variety Veggie Variety Fresh Baked Cookie Daily Milk Selection *</p>	<p><b>19</b></p> <p><b>Entrees</b> Turkey/Mashed Potato Bowl Bosco Sticks w/Marinara Sauce <b>Sides</b> Steamed Corn Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>20</b></p> <p><b>Entrees</b> BBQ Pulled Pork on Bun Cinnamon French Toast <b>Sides</b> Potato Smiles Fruit Variety Veggie Variety Daily Milk Selection *</p>
<p><b>23</b></p> <p><b>Entrees</b> Chicken Smackers w/Pretzel Twist Stuffed Shells <b>Sides</b> French Fries Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>24</b></p> <p><b>Entrees</b> Beef Nachos Tortilla Chips with Cheese Sauce <b>Sides</b> Steamed Corn Fruit Variety Veggie Variety Lettuce/Tomato/Refried Beans Daily Milk Selection *</p>	<p><b>25</b></p> <p><b>Entrees</b> Grilled Chicken Filet on Bun Personal Pan Pizza <b>Sides</b> Steamed Broccoli Fruit Variety Veggie Variety Daily Milk Selection *</p>	<p><b>26</b></p> <p><b>Entrees</b> Penne Pasta w/Meatballs Mozzarella Sticks w/Marinara <b>Sides</b> Romaine Salad Fruit Variety Veggie Variety Animal Crackers Daily Milk Selection *</p>	<p><b>27</b></p> <p><b>Entrees</b> Homestyle Chicken Quesadilla Macaroni &amp; Cheese w/Texas Toast <b>Sides</b> Green Beans Fruit Variety Veggie Variety Daily Milk Selection *</p>

## ELEMENTARY SCHOOL BREAKFAST PROGRAM

Don't skip that morning meal! Studies have shown that children who eat a nutritious breakfast are more attentive in class, score higher on standardized tests, and are healthier than those children who do not eat breakfast. With today's busy schedules, many families do not have time to fit a balanced meal into their morning schedules. The School Breakfast Program is available for children to get their day started with a nutritious meal that parents can feel good about. The kids like it because they can enjoy breakfast with friends while enjoying those few extra minutes of sleep in the morning before the bus.

Breakfast is \$2.00 for the meal. It includes: Entrée, Fruit and Milk Variety.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<b><u>Entrées:</u></b> <b>French Toast Sticks</b> White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> <b>Apple Frudel</b> White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> <b>Breakfast Pizza</b> White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> <b>Pancakes</b> White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt  Fruit Variety Milk Variety	<b><u>Entrées:</u></b> <b>Cinni Minis Cinnamon Buns</b> White Whole Grain Bagel Whole Grain Muffin Whole Grain Cereal Yogurt  Fruit Variety Milk Variety

## Student Account Information

**Do you want to make a payment on your student's account?** You can send in cash or a check made payable to "UCF Cafeteria" with your student to school. Please put it in an envelope marked with your student's name, teacher, and student ID number if you have it. If you want to pay online using a credit or debit card, please go to [ucfsd.revtrak.net](http://ucfsd.revtrak.net) and create a RevTrak account. Once your account is created, you can make a one-time payment or you can set up auto replenish. You can also elect to receive notifications, such as low balance alerts. Please note that RevTrak charges a 3.62% fee to use this service.

**Do you want to know what your child purchased or do you need nutritional information about school menus?** You can view account histories and nutrition or allergy information at [schoolcafe.com](http://schoolcafe.com). Parents are able to indicate preferences or place restrictions on their child's account by calling the Food Service office at 610-347-0970, ext 3334.